

Team Talk

Better Health • Better Care • Better Value • Better Workplace

December 2024

Better Health

Do you, or anyone you know want to stop smoking?

We offer a full stop smoking support service, Quit Your Way, which includes free info, advice and nicotine replacement therapy and anyone can get in touch, including staff.

Smoking remains one of the biggest contributors to ill health across NHSGGC and we want to ensure everyone feels empowered to stop. Find out more [here](#).



Beatrix Von Wissmann
Interim Deputy Director
of Public Health



Better Care

Our revised Standards of Business Conduct for Staff, developed through partnership, have been published to ensure all staff operate to the highest ethical standards in their day-to-day activities. Please discuss in your team meeting to ensure staff are aware of the standards, and how this affects them, including the requirement to declare interests out of work.

The documents and portal to register this information, can be accessed [here](#).



Colin Neil
Director of Finance



Better Value (Sustainability & Value)

As part of our Work Smarter, Greener, Healthier campaign we're asking all staff to be mindful of turning lights off when not in use. Combined across our estate, this can make a significant financial saving and reduce our carbon footprint. Discuss with your team ways to remember switching off lights, PCs, monitors and other non-essential electrics. Find out more [here](#).



Tom Steele
Director of Estates
and Facilities



Better Workplace

We appreciate, particularly as we come into the festive period, the impact of financial challenges which staff may face. Please highlight the support available throughout the year through the Support and Information Service with your team. This includes advice on benefits, energy, and housing, crisis support alongside longer term lifestyle changes such as stopping smoking. More information [here](#) or email sis@ggc.scot.nhs.uk.



Anne MacPherson
Director of Human
Resources and OD



Team Talk – Questions to discuss with your manager



- How does this affect me?
- Where can I find more information?
- How can I get involved?

Do you have a suggestion for Team Talk?



Email: ggc.teamtalk@ggc.scot.nhs.uk

Please discuss this briefing with your team.