

West Glasgow ACH

Walking and cycling guide 2021



West Glasgow ACH

The West Glasgow Ambulatory Care Hospital at Yorkhill provides a range of local hospital outpatient services.

There are a number of children's services including the Children's Diabetes Outpatient care and the Scottish Centre for Autism. The Centre works with children and young people age 0-18 years who may have Autistic Spectrum Disorder.

West Glasgow ACH provides a range of adult outpatient services including General Outpatient department; Cardiology Out-patients, General Medicine, Gastroenterology, Gynaecology and Haematology, Dietetics, Dermatology and Epilepsy, as well as Outpatient Maternity Service and Glasgow & Clyde Weight Management Service.

There is a staffed help desk at the main entrance and patient information points which provide travel information, health promotion and other advice.

Active Travel

NHS Greater Glasgow & Clyde recognise that physical activity is essential for good health and encourage staff and visitors to consider walking and cycling as a great way to travel to Hospital sites. This map indicates the shared access routes to hospitals and healthcare facilities. Designated visitor cycle parking is located on most sites.

Commuter cycle training is available for NHS Greater Glasgow & Clyde staff. There are a range of training courses available from basic beginners training to advanced on-road manoeuvre training for proficient cyclists. Please note courses are arranged subject to demand.

For further information:
Email: travelpo@ggc.scot.nhs.uk

West Glasgow ACH is well served by public transport covering bus, rail and Subway travel to adjacent major arterial routes accessing Glasgow West End and Glasgow City Centre. Public transport provides connections from nearby Dumbarton Road and Argyle Street and allows interchange with the subway at Kelvin Hall, Partick Interchange or in Glasgow City Centre for onward connectivity. Exhibition Centre and Partick rail stations are located approximately 1 mile from the hospital.

To plan your journey by public transport, please use www.travelinescotland.com journey planner or visit www.scotrail.co.uk

Information on planning the optimal cycle route that suits you, is available at www.cyclestreets.net

Walking journey planning is available at www.walkit.com

West Glasgow ACH has been awarded Cycle Friendly Employer status by Cycling Scotland.

Cycling to Work

The Cycle to Work scheme is a salary sacrifice scheme available to NHS Greater Glasgow & Clyde staff*. With the Cycle to Work scheme, you can get your bike tax-free, which for most people means they save between 25% and 32% of the cost. Loans are available up to a maximum of £4,000 to use at a wide range of retailers, including E bikes or if you just want to purchase some new accessories. As well as saving you money, it is good for your health and the environment.

Secure cycle parking is available at the main hospital entrances. There are also bike racks in these areas. Female staff changing area with shower and locker facilities are located on the ground floor within the Bute corridor. Male changing and shower facilities are located on the 1st floor of the tower opposite the Staff Coffee Lounge.

*Terms and Conditions apply

NHSGGC have a Bicycle User group for staff. Please contact TravelPo@ggc.scot.nhs.uk if you wish to be added to the BUG distribution list and be kept informed of initiatives and relevant cycling information for NHSGGC staff.

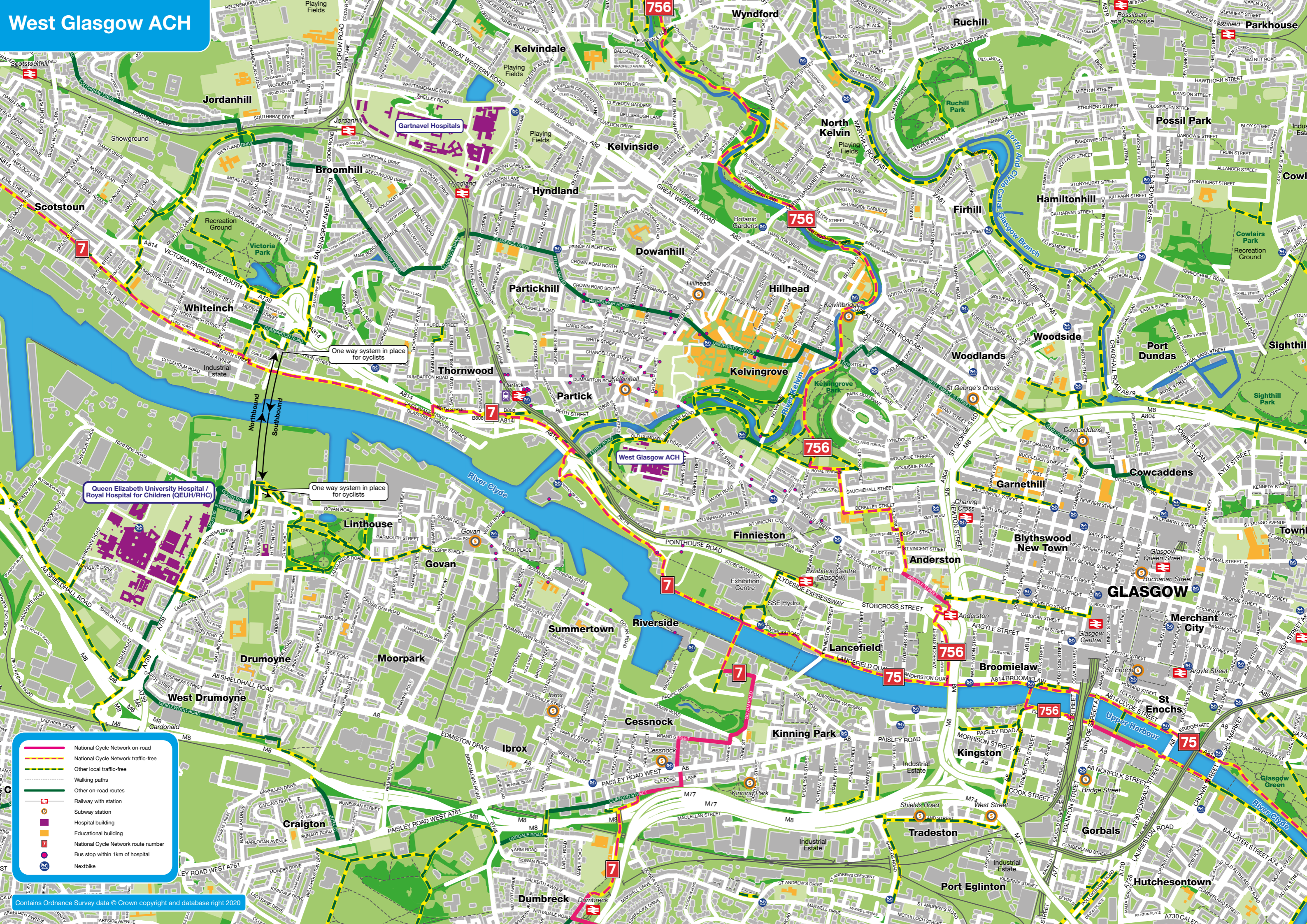
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For more information on active and sustainable travel, please contact the Travel Plan Office or visit Transport pages on Staffnet.

NHS Greater Glasgow & Clyde are not responsible for loss or damage to property. Staff should be vigilant and use the secure cycle shelters, where possible. 'Sold Secure' D locks are recommended. Bikes can be security marked and registered at www.immobilise.com or www.bikeregister.com



West Glasgow ACH



Queen Elizabeth University Hospital / Royal Hospital for Children (QEUH/RHC)

One way system in place for cyclists

One way system in place for cyclists

- National Cycle Network on-road
- National Cycle Network traffic-free
- Other local traffic-free
- Walking paths
- Other on-road routes
- + Railway with station
- + Subway station
- Hospital building
- Educational building
- 7 National Cycle Network route number
- Bus stop within 1km of hospital
- + Nextbike