

Pre-operative Assessment: Patient Pathways



If your surgeon offers you surgery as a treatment and you wish to proceed, we will **add you to the surgery waiting list** while you are at the Out Patient Clinic



We will send you a pre-operative assessment (POA) **self assessment questionnaire** to complete.
This will be sent via **text** or by **email link**



A trained POA Nurse will **review your questionnaire responses** and decide on the most **appropriate pathway** for you.

While you're attending your out patient appointment we will give you all the information you need to help improve your **Fitness for Surgery**.

This information may include advice on quitting smoking, losing weight or other lifestyle changes you can make to help you get the very best outcome from your surgery.

Pathway 1

We have all the information we need.
We will contact you to **arrange an appointment for you to attend the Hub for a routine check**. This will include checking your height, weight etc.

Pathway 2

The nurse has decided you require a **telephone assessment**.
We will contact you to arrange an appointment for a **POA Nurse to call you**.
During the telephone assessment we will make an appointment for you to attend the Hub for a routine check. This will include checking your height, weight etc.

Pathway 3

The nurse has decided you require a **face-to-face assessment**.
We will contact you to arrange an appointment.